



# Lunch

## SMALL PLATES

CRISPY CHILLI SQUID £15

*Sticky Sriracha Dipping Sauce*

GYOZA: CHICKEN or VEGGIE £9

*Steamed and pan-fried Japanese dumpling,  
spicy vinaigrette sauce*

CHICKEN KARAGE £11

*Japanese fried boneless chicken thigh*

CRISPY CAULIFLOWER POPCORN £8

*Toasted Sesame & Peanut Glaze, Chilli*

ORIENTAL SEAWEED SALAD (V) £12

*Hiyashi wakame, tosaka, pickled mooli,  
cucumber; sesame dressing*

## NOODLE BOWLS

CHICKEN TERIYAKI £15

SPICY MIX SEAFOOD £18

CHARGRILLED VEGETABLE £12

## DONBURI (JAPANESE RICE DISHES)

CHICKEN KATSU CURRY £15

CHIRASHI SUSHI £18

VEGETABLE KATSU CURRY £14

## SUSHI (4 PIECES)

SALMON AVOCADO ROLL £6

*Salmon and avocado, Japanese mayonnaise,  
wasabi*

PRAWN ROLL £6

*Tempura prawn, teriyaki,  
sesame seeds, rolled with tempura flakes*

SPICY TUNA ROLL £11

*Tuna, spring onion, Japanese pepper sauce,  
rolled with tempura flakes*

CUCUMBER AVOCADO ROLL (V) £6

*Sesame*

SIGNATURE PLATTER £45

*Selection of uramaki and nigiri*

## THE RETREAT BENTO BOX

MEAT & FISH £29

*Crispy Chilli Squid, Miso Chicken,  
Vegetable Noodles, Salmon Tataki,  
Salmon Avocado Uramaki, Prawn Uramaki.*

VEGETARIAN £20

*Cauliflower Popcorn, Deep fried Tofu,  
Vegetable Noodles, Oriental Seaweed Salad,  
Garden Uramaki.*

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